



2018
**WINTER
GAMES**

Special Olympics
Washington



Winter Games General Schedule



FRI, MARCH 2nd

11:30 AM - 12:00 PM	Alpine / Snowboarding Check-In	Mission Ridge
12:00 PM - 12:30 PM	Cross Country Skiing Check-In	Leavenworth Sports
1:00 PM - 3:30 PM	Alpine / Snowboard Preliminary Round	Mission Ridge
12:30 PM - 2:30 PM	Cross Country Prelim Round	Leavenworth Sports
5:00-6:00pm	Performance Station	Town Toyota Center
5:00 PM - 6:00 PM	Dinner for Alpine/Snowboard/CC	WCC
6:00 PM	Opening Ceremony Staging	Town Toyota Center
7:00 PM- 9:00 PM	Opening Ceremony	Town Toyota Center

***WCC-Wenatchee Convention Center*

SAT, MARCH 3rd

7:45 AM—3:00 PM	Figure / Speed Skating Competition	Town Toyota Center
8:30 AM—11:30 AM	Competition Round	Eastmont & Wenatchee
9:00 AM—11:00 AM	Basketball Individual Skills	Eastmont & Wenatchee
9:30 AM—3:30 PM	Alpine/Snowboard Comp. (GS, Downhill)	Mission Ridge
9:00 AM—4:00 PM	Cross Country Competition/Awards	Leavenworth Sports
11:00 AM—3:30 PM	Basketball Team Skills Comp.	Eastmont & Wenatchee
10:30 AM—12:30 PM	Lunch Available	Sport Venues
12:00 PM – 6:00PM	Healthy Athletes	Wenatchee High School
1:00PM—5:00PM	Basketball Competition Round	Eastmont & Wenatchee
3:00 PM	Figure/Speed Skating Awards	Town Toyota Center
3:00 PM—5:00PM	Individual/Team Skills Awards	Columbia Elementary
4:00 PM—7:00 PM	Olympic Town &	WCC, Lower Level
5:30 PM—7:30 PM	Victory Dinner "Pirates"	WCC, Lower Level
7:00 PM—9:00 PM	Movie Presentation	WCC, Lower Level
7:00 PM – 8:00 PM	Family Support Presentation & Q + A	WCC, Gala
Room		
7:30 PM—9:30 PM	Victory Dance	WCC, Upper Level

SUN, MARCH 4th

9:00 AM - 5:00 PM	Basketball Medal Rounds	Eastmont & Wenatchee
9:30 AM – 3:30 PM	Cross Country Competition/Awards	Leavenworth Sports
9:30AM-12:30PM	Alpine/Snowboard Slalom	Mission Ridge
10:00AM – 5:00PM	Basketball Awards-As Completed	Eastmont & Wenatchee
10:30 AM - 12:30 PM	Lunch delivery	All Venues
1:30 PM – 3:30 PM	Alpine/Snowboard Award Ceremony	Mission Ridge



Basketball

The basketball competition will consist of nearly 1000 athletes in 14 different divisions, including individual and team skills. The “hub” for basketball awards, souvenirs, lunches and Unified Sports Experiences will be Wenatchee High School. The basketball competitions will take place in 10 different gymnasiums located no more than 3 miles away from Wenatchee High School. Please read the information below carefully to ensure your team has the best experience possible. Local Program Coordinators and Coaches who experience emergencies should contact their Senior Regional Manager right away.

Brown Bag Lunches:

- **Teams** will pick their lunches up at Wenatchee High School between 11:30pm –12:30pm on Saturday. All other teams will receive their lunches at their game venues between 10:30am – 1:00pm. **Sunday lunches** will be delivered to each competition venue.
Note: If completing your team competition on Saturday and you will not need Sunday lunches, please indicate that at your awards ceremony.

Competition Locations:

- 1. Wenatchee High School:** 1101 Millerdale Avenue, Wenatchee, WA
- 2. Pioneer Middle School:** 1620 Russell Street, Wenatchee, WA
- 3. Orchard Middle School:** 1024 Orchard Avenue, Wenatchee, WA
- 4. Foothills Middle School:** 1410 Maple Street, Wenatchee, WA
- 5. Columbia Elementary:** 600 Alaska Street, Wenatchee, WA
- 6. Clovis Point Intermediate School:** 1855 4th Street SE, East Wenatchee, WA
- 7. Eastmont Jr. High School:** 905 8th Street NE, East Wenatchee, WA
- 8. Sterling Intermediate School:** 600 N James Avenue, East Wenatchee, WA

**Competition schedules will be released a week and a half to a week prior to the games, this will identify the location in which your team will play. Schedules and results will be posted on the website and the mobile app.*

Competition

Note: No divisioning rounds this year. Teams will be pre-divisioned based on regionals qualifying and take part in a run round-robin format

Basketball Awards

Awards for basketball will be at Wenatchee High School. Team awards take place immediately after completing competition for the weekend. If your team finishes on Saturday, please go to Wenatchee High School to receive awards on the same day.



Activities & Events

Opening Ceremony

Dress to impress! If you look good, you feel good and then ultimately play good! Wear your team colors, uniforms, sweat suits or dress to impress!

Note to all Cross Country Skiing, Alpine, and Snowboarding Teams: athletes may have to change for competition on location. Please be advised that only tents are available at XC for changing facilities. If you are wanting to change before the Opening Ceremony you will need to make arrangements to change at your hotel.

- Town Toyota Center Doors Open at 5:00pm
- **Performance Station: 5:00-6:00pm in the Crunch Pak Room**
- Performance Station will prepare athletes to compete to their personal best by better understanding the connection between fitness, health, and athletic performance. Before the ceremony, head downstairs to the Performance Station to make sure you are prepared to compete, pack a healthysnack for the weekend, and fill up your water bottle to stay hydrated!
- Parade staging for the Parade of Athletes will begin at 6:00 PM on the north side of the Town Toyota Center.

Dress Requirement-Please wear your team uniforms and/or dress to impress!

- The Opening Ceremony will begin at 7:00 PM and conclude between 8:30 PM and 9:00 PM.

A **Relaxation Station/Calming Room** will be available in the Crunch Pak room on the bottom floor of Town Toyota Center for individuals who need a quiet space as an accommodation during staging and/or Opening Ceremony. Please use this at your discretion only for athletes whose disability impacts their ability to process loud noises and/or crowds.

Each team will be responsible to provide their **own mode of transportation** to and from the Town Toyota Center for Opening Ceremonies on Friday night.

If you plan to attend the Opening Ceremony, please RSVP to mharves@sowa.org by Thursday, March 1.



Healthy Athletes

12:00pm – 6:00pm
Wenatchee High School

Healthy Athletes gives athletes an opportunity to receive needed health services and education for FREE. The following disciplines will be at Winter Games:

- **Fit Feet** offers podiatric screenings to evaluate ankles, feet, lower extremity biomechanics, and proper shoe and sock gear to participating athletes.
- **FUNFitness** is the physical therapy component of Healthy Athletes. Designed to assess and improve an athlete's flexibility, functional strength, aerobic capacity and balance. These screenings also educate participants, families and coaches.
- **Health Promotion** uses health screenings, interactive educational tools and displays, motivational literature and demonstrations to heighten the awareness of athletes, reinforcing the need to improve and maintain an enhanced level of wellness and self-care. It also provides screening for BMI, blood pressure, and bone density.
- **Opening Eyes** The Special Olympics-Lions Clubs International Opening Eyes program provides a vision and eye health screening in partnership with the Lions Clubs International Foundation. Led by volunteer vision care professionals, Opening Eyes offers prescription eyewear, sunglasses, and sports goggles to Special Olympics athletes.
- **Special Smiles** provides comprehensive oral health care information, including free dental screenings and instruction on correct brushing and flossing techniques to participating Special Olympics athletes. This also includes issuing preventative supplies like toothpaste and toothbrushes and fluoride varnish.
- **Strong Minds** is an interactive learning activity focused on developing adaptive coping skills. Competition provides a natural opportunity to develop active strategies for maintaining emotional wellness under stress, such as: thinking positive thoughts, releasing stress and connecting with others.

Visit Healthy Athletes to receive the care you need and be a better athlete (and win prizes)!

Olympic Town

- Olympic Town will be located at the Wenatchee Convention Center Orchard Exhibit Hall.
- Olympic Town will operate Saturday, from 4:00 PM to 7:00 PM with a movie following from 7:00PM-9:00PM.

Victory Dance

- The Victory Dance and Dinner will take place in the Grand Apple Ballroom at the Convention Center on Saturday from 7:30 – 9:30 PM. The theme for the dance is "Time to Shine" – wear sequins, glitter, LED, or anything that makes you 'shine'!
- Again this year, Rockin' Hair Salon will be styling hair on Saturday from 4:00-7:00 PM in the Orchard Exhibit Hall.

Volunteers

We invite any family and friends who may be traveling with your team to volunteer for the Winter Games. Please have them register at <https://2017sowawintergames.my-trs.com/> or email volunteer@sowa.org for more information. Volunteers must be registered in order to volunteer. All volunteers will receive a credential, t- shirts and a lunch.



Venue Directions

Town Toyota Center (Opening Ceremonies, Figure & Speed Skating) – 1300 Walla Walla Ave, Wenatchee 98801

From Seattle: Take I-90 E to Cle Elum. Take exit 85 for WA-970 N toward Wenatchee. Turn left onto WA-10/WA-970. After 0.4 miles, turn right to stay on WA-10/WA-970. After approximately 10 miles, continue onto US-97 N. Merge onto US-2 E/US-97 N via the ramp to Wenatchee. After approximately 15 miles, continue straight onto N Wenatchee Ave. Turn left onto Hawley St. Continue onto N Miller St. Turn left onto Walla Walla Ave. The Town Toyota Center will be on the right.

From Everett: Take US-2 E into Wenatchee. Continue straight onto N Wenatchee Ave. Turn left onto Hawley St. Continue onto N Miller St. Turn left onto Walla Walla Ave. The Town Toyota Center will be on the right. From the East: Take US-2 W into Wenatchee. Turn right onto N Wenatchee Ave. Turn left onto Hawley St. Continue onto N Miller St. Turn left onto Walla Walla Ave. The Town Toyota Center will be on the right.

Wenatchee Convention Center (Olympic Town, Victory Village) – 121 N Wenatchee Ave, Wenatchee 98801 From the Town Toyota Center: Head SE on Walla Walla Ave toward Walla Walla Point Park. Turn right onto 9th St E/Walla Walla Ave. Turn left onto N Wenatchee Ave. The Wenatchee Convention Center will be on the left after approximately 0.7 miles. The Wenatchee Convention Center is connected to the Coast Hotel via Sky Bridge.



Venue Directions - Basketball

Wenatchee High School – 1101 Millerdale Avenue, Wenatchee 98801

From the Convention Center: Head SE on N Wenatchee Avenue toward First St. Turn right onto Orondo Avenue. Continue straight to stay on Orondo Ave. Continue onto Cherry St. Turn left onto S Miller St. Turn right onto Millerdale Ave. Wenatchee HS will be on the left.

Pioneer MS --- 1620 Russell St, Wenatchee, WA 98801

From the Convention Center: Head southeast on N Wenatchee Ave First St. Turn right onto Orondo Ave. Continue on Orondo Ave for .7 miles. Turn left onto Fuller St for .3 miles, then Turn right onto Russell St. Pioneer MS will be on your right.

Orchard MS – 1024 Orchard Ave, Wenatchee, WA 98801

From the Convention Center: Head Southeast on N Wenatchee Ave towards First St. Turn right at the 1st cross street onto First St. Continue for .6 miles, then Turn right onto N Miller St. Soon after Turn left onto Orchard Ave. Orchard Middle School will be on your right. Enter through the back doors behind the school to the gym.

Foothills MS – 1410 Maple St, Wenatchee, WA 98801

From the Convention Center: Head northwest on N Wenatchee Ave toward 2nd St. Continue for 1.2 miles then Turn left onto Maple St. Foothills Middle School will be on your right in .5 miles.

Columbia Elementary – 600 Alaska St. Wenatchee WA 98801

From the Convention Center: Head southeast on N Wenatchee Ave toward First St. Turn right at the 1st cross street onto First St. Turn left onto N Chelan Ave. Turn right onto Orondo Ave. Turn right onto Alaska St. Continue 0.1 miles. Destination will be on the left

DOWNLOAD THE MOBILE APP